

# 9<sup>th</sup> IOGKF Canada Friendship Tournament

Saturday April 17, 2010

Registration check-in starts at 9:00 a.m.

Tournament Start is 9:30 a.m. sharp

At: Notre Dame Catholic Secondary School,  
2333 Headon Forest Drive  
Burlington, Ontario

Competitors and parents please read the information below and fill out the registration form carefully. There is one new event and some events have special requirements regarding skill level, rank, age or equipment. Make this tournament one to remember by arriving prepared. Keep this sheet for your information.

## EVENTS:

**Beginners Basics** This event is only for competitors who are unable to compete in *kata* (white belts and Peewees)  
Competitors can not compete in any other event

**Individual Kata** This event is for all ages and ranks  
The *kata* performed must be appropriate to your rank (check with your *sensei*)  
Competitors may need to perform a second *kata* for a tie breaker (beginners may repeat their *kata*)

**Team Kata** Three people per team. *Kata* must be performed in a 'A' formation  
Only one team per competitor

**Family Team Kata** For 2 or more immediate family members – only one team per family  
*Kata* may be performed in any formation

**Individual Irikumi Ju** For Ages 9 – 17 **only**, 7<sup>th</sup> *kyu* and above  
**Provide your own safety equipment** – competitors can **not compete** without it  
Helmet, gloves, shin guards, mouth guards, (males) groin protectors are **mandatory**



For this year, SAGA rules will be incorporated into our event. This means that individual *Irikumi Ju* is only available to competitors 17 and under. Adult competitors who wish to compete in *Irikumi Ju* will do so according to SAGA rules.

**SAGA Irikumi Ju/ Kata** For adult competitors, 7<sup>th</sup> *kyu* and up  
Competitors will spar for one minute – a winner will be declared; then side by side the two will perform their *kata*, again a winner will be declared. Winner of the round must win both events, if a tie occurs a tie-breaking *kata* will be performed (tie-breaking *kata* is chosen by the referee; either *Saifa*, *Seyunchin*; or *Shisochin*). The winner of the tie must win their next *irikumi ju* event in order to continue.

## REGISTRATION TIMELINES

<b>Early Bird registration</b>	Payment and registration form must be submitted to your dojo head before Saturday, March 13th First event is \$20; each additional event is \$5.
<b>Friendship Dinner Registration</b> (buffet)– only allowed with the Early Bird registration–see next page for details	
<b>Regular registration</b>	Payment and registration form received by Wednesday April 7th First event is \$25; each additional event is \$5.
<b>At-the-door registration</b>	Registration must be made by 9:15 a.m. First event is \$30; additional events are \$5 each.
<b>Family Maximum Registration Limit!</b>	Families have a maximum family registration limit of \$100, no matter how many events have been chosen by the family members. Please see your <i>sensei</i> about how this works.



## Waiver

I, (print name) \_\_\_\_\_ hereby waive any and all rights or claims I may have against the IOGKF Friendship Tournament organizers, IOGKF/IOGKF Canada, Tetsuji Nakamura, Shudokan Family Karate & Fitness Centre and all their respective directors, officers, employees, agents, members, staff and all individuals assisting in instructing, participating in and conducting these activities. I hereby fully release and discharge them from any and all claims resulting from injuries, including death, damages or loss which may accrue to me or my heirs arising out of or in any way connected with my attendance and/or participation at any IOGKF/IOGKF Canada sanctioned event including, but not limited to competition where I may be competing against a player that may be older and/or more experienced than myself. This shall include acts or omissions and negligence, whether they be my own or those of anyone else. I give this acknowledgement freely and knowingly, and I represent and warrant that I am physically and mentally fit and that, as a result, able to participate and I do hereby assume responsibility for my own well-being understanding that participation involves bodily contact.

I understand and agree to abide by the IOGKF tournament rules associated with IOGKF/IOGKF Canada events and assume all responsibility and any associated liability for infringement of such rules and agree to accept the tournament arbitrator's decision without endorsing, encouraging or being involved in any recourse through any legal means. I consent to allow any reproductions of me or likeness created in any manner whatsoever, photographed, filmed or video taped in connection with IOGKF/IOGKF Canada events which can be used for instruction, publicity, promotion or television broadcast and I waive any and all compensation for such.

\_\_\_\_\_  
Competitor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian  
who assumes complete responsibility (if under 18)